

Practice Management Insight

A report on events affecting behavioral health and substance abuse providers

November 2016

Continued Education Credits for New Agencies and New Employees

OrionNet Systems is excited to announce that clinicians can now receive 4 hours of Continued Education Credits during training when your Agency signs up with ThinkHealth! Implementing a new system into an agency can be quite the transition. Everyone in the agency has to be apart of the process, there is training involved and a learning curve to deal with. OrionNet Systems is constantly working to find ways to make a clinicians jobs easier. We understand the work involved and the time and effort it takes for a clinician to earn and maintain your license.

Rachel Bell, the Product Training Specialist at OrionNet Systems, has worked hard this year acquiring Continued Education approval from the Oklahoma Board of Behavioral Health and Licensure and the Oklahoma Board of Licensed Alcohol and Drug Counselors for certain trainings. "Now we can offer and incentive to clinicians joining ThinkHealth by providing them a 4 hour CE certificate for attending the New Agency Training." Rachel stated, "They have to attend the training regardless to learn how to use the new product, this is just an added bonus and will help fulfill there yearly requirements for continued education."

This also benefits our existing agencies, we can now provide a 4 hour CE Certificate to new employees you want to have complete New Clinician Training. If you have any questions or are interested please contact marketing for more details at 405-286-1674.

[More Information](#)

Breathe. Exhale. Repeat: The Benefits of Controlled Breathing

November is National Epilepsy Awareness Month. Epilepsy affects about 2 million people in the United States and is characterized by recurrent, unprovoked seizures. Delayed recognition of these seizures and inadequate treatment increases the risk for additional seizures, disability, decreased health-related quality of life and, in rare instances, death.

Although epilepsy can occur at any age, the condition is more likely to begin among children less than 2 years of age and adults older than 65 years

[More Information](#)

Bipolar Disorder and Alcohol: What's the Connection?

Nearly 1 in 4 active duty members showed signs of a mental health condition, according to a 2014 study in JAMA Psychiatry. On this page we focus on questions that military personnel often ask, concerning treatment resources, disclosure and staying healthy during the transition to civilian life.

There are three primary mental health concerns that you may encounter serving in the military:

Posttraumatic Stress Disorder (PTSD)
Depression
Traumatic Brain Injury (TBI)

[More Information](#)

MARK YOUR CALENDAR

November 8

[Election day](#)

November 9

[Addiction Severity Index](#)

November 11

[Veterans day](#)

November 12

[OHCA Board Meeting OHCA](#)

November 14-15

[Therapeutic Options Train the Trainer Recertification](#)

November 17

[Introduction to Motivational Interviewing](#)

November 17

[Medical Advisory Committee Meeting OHCA](#)

November 22

[PRSS Supervisory Training](#)

November 20

[ODMHSAS Board Meeting and Real Property Trust Meeting](#)

November 24

[Thanksgiving Day](#)

NOVEMBER is ...

American Diabetes Month

Epilepsy Awareness Month

National Caregivers Month

ThinkHealth-Touch for iPad and Android Tablets

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to perform sessions, write progress notes on Prior Authorizations / Treatment Plans and have the patient sign with their finger!

All without having to have an internet connection.



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National Caregivers Month
Stomach Cancer Awareness Month

National Healthy Skin Awareness Month

National Alzheimer's Disease Awareness Month



OHCA and Tribal Leaders convene for Annual Tribal Consultation

Representatives from the Oklahoma Health Care Authority (OHCA) met recently with tribal leaders from across the state for a roundtable discussion on tribal health topics.

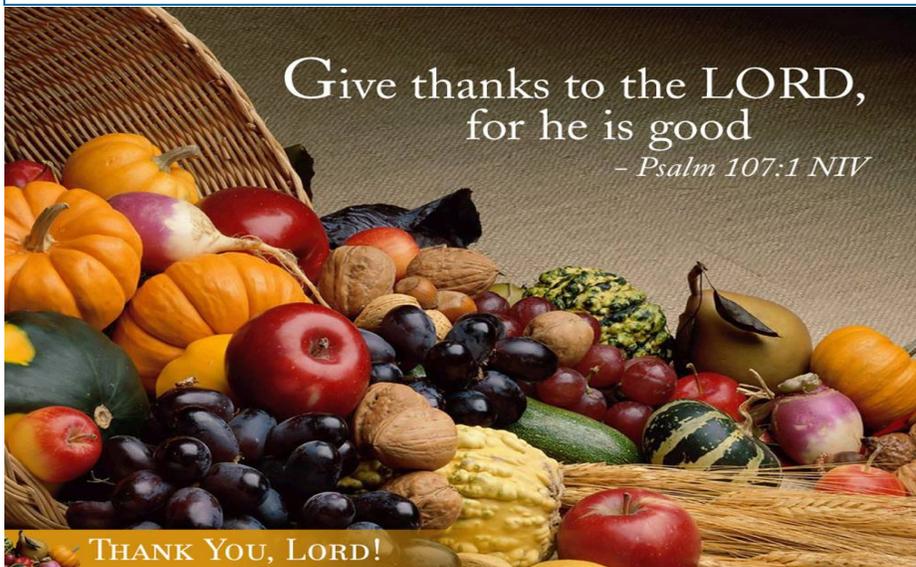
The annual consultation provides an opportunity for Oklahoma tribes to receive updates, as well as give input and ask questions about SoonerCare (Oklahoma Medicaid) and Insure Oklahoma. The meeting also brings state tribal leaders together to brainstorm and share best practices with OHCA.

This year's consultation got underway with a breakfast sponsored by the Southern Plains Tribal Health Board (SPTHB); followed by opening remarks from SPTHB Executive Director Jennifer LittleSun, and Ed McFall, OHCA board chairman. After individual introductions of tribal leaders, OHCA Tribal Government Relations Director Dana Miller presented a report to the group.

[More Information](#)



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Transforming Systems of Care for Children

Although frustrated efforts to build collaborative systems go back to Biblical times (think Tower of Babel), the specific form of collaboration known as "system of care for children and adolescents with serious emotional disturbance" (SOC) goes back only about 35 years. It has been at the heart of child mental health policy in the United States ever since.

But recently, and especially since the passage of the Affordable Care Act (ACA), ambitious new goals for child mental health have emerged, emphasizing hopes to prevent emotional disturbance and to serve all children and adolescents with emotional struggles, not just those whose functioning is already quite limited.

Have these ambitious new undertakings made SOC largely irrelevant? Would it



Have these ambitious new undertakings made SOC largely irrelevant? Would it matter if it were displaced? I am not at all sure what the answers are. On the one hand, SOC rests on important values that need to be preserved.

[More Information](#)

Industry calls for renewed advocacy under Trump administration

Many believe the Affordable Care Act (ACA) is in jeopardy and question what will happen to the 20 million people who have gained coverage under the law. ACA has also enhanced coverage for behavioral health conditions by making them one of the mandated benefit categories.

While Hillary Clinton had pledged comprehensive mental health and addiction policies, Trump's campaign generally centered around securing borders to stop the stream of heroin and other substances from coming into the country. He also discussed limiting production of Schedule II drugs, increasing naloxone use and incentivizing drug courts.

[More Information](#)

Sunshine matters a lot to mental health

Your day might be filled with irritatingly hot temperatures, thick air pollution and maybe even pockets of rainclouds, but that won't necessarily get you down. If you're able to soak up enough sun, your level of emotional distress should remain stable. Take away sun time, though, and your distress can spike. This applies to the clinical population at large, not just those diagnosed with Seasonal Affective Disorder.

Does sunshine make you happy? If you're able to soak up enough sun, your level of emotional distress should remain stable. Take away sun time, though, and your distress can spike.

[More Information](#)

In appreciation of your giving heart OrionNet Systems is offering our Thanksgiving promo Sign a contract between now and December 31st and save \$50 on the implementation fee



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Questions or comments? Email us at OrionNet@coxinet.net or call 405.286.1674
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