

Practice Management Insight

A report on events affecting behavioral health and substance abuse providers

December 2018

The Much Anticipated 3% Rate Increase is Finally Here!

ODMHSAS has finally increased pay rates for Family, Group and Individual Psychotherapy, retroactive to July 1, 2018.

"The rates were updated last week and should be paying at the higher rate now. We are working on doing a mass adjustment for all paid claims with DOS on and after 7/1." According to Traylor Rains-Sims Senior Director, Policy & Provider Regulation ODMHSAS.

Clyde Wafford, President/CEO of OrionNet Systems wrote on November 27, 2018:

"Dear Members,

Looks like rates rolled last week on Wednesday. (HAPPY THANKSGIVING AND EARLY CHRISTMAS TO ALL!!!!)

My team and I are in the process of getting the new rates, updating ThinkHealth and we will get them on your system at the end of day Wednesday or Thursday. We might have to take agencies down for the update or this might all be a database change. Either way I will let you know more tomorrow. "

You can check out the new rates based on the rate sheet from ODMHSAS:

[More Information](#)



MARK YOUR CALENDAR

December 1 – 24

[Operation Santa Paws](#)
National Calendar

December 1 – 31

[National Human Rights Month](#)
National Calendar

December 1 – 31

[Safe Toys and Gifts Month](#)
National Calendar

December 2

[National Special Education Day](#)
National Calendar

December 3

[International Day of Persons with Disabilities](#)
National Calendar

December 7

[National Pearl Harbor Day](#)
National Calendar

December 12

Drug Utilization Review Board Meeting OKC
[More Information](#)

December 13

[OHCA Board Meeting](#)
OHCA
[More Information](#)

December 24

[Christmas Eve](#)

December 25

[Christmas Day](#)

December 31

[New Year's Eve](#)



December is ...

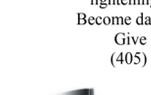
[Worldwide Food Service Safety Month](#)

[National Drunk & Drugged Driving \(3D\) Prevention Month](#)



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Merry Christmas from OrionNet Systems!

Suicide rate up 33% in less than 20 years, yet funding lags behind other top killers

Suicide rates are up 33% in the U.S., yet funding lags behind that of all other top causes of death — leaving suicide research in its infancy.

More than 47,000 Americans killed themselves in 2017, the Centers for Disease Control and Prevention reported Thursday, contributing to an overall decline in U.S. life expectancy. Since 1999, the suicide rate has climbed 33 percent.

Americans are more than twice as likely to die by their own hands, of their own will, than by someone else's. But while homicides spark vigils and protests, entering into headlines, presidential speeches and police budgets, suicides don't. Still shrouded in stigma, many suicides go unacknowledged save for the celebrities — Robin Williams, Kate Spade, Anthony Bourdain — punctuating the unrelenting rise in suicide deaths with a brief public outcry.

[More Information](#)

Should more Ohio companies offer drug treatment for employed addicts like these businesses?

CLEVELAND, OH (WOIO) -- When recovering addict Shawn clocks in for work, he does it with a grateful heart and appreciation for a living wage and a second chance.

"I got into an accident here, three months ago, which required a drug test ... which I failed," he said.

Despite 24 years of experience, that failed drug test was once cause for termination at the Belden plant in Richmond, Ind.

The nearly century-old cable manufacturer decided to send him to rehab through their insurance. They also decided to keep him employed.

"Over a two year period we saw almost a tripling of our failed drug screens," said Leah Tate, vice president of HR at Belden.

She said at the same time, the company's labor pool was shrinking.

[More Information](#)

Major traumatic injury increases risk of mental health diagnoses, suicide

People who experience major injuries requiring hospital admission, such as car crashes and falls, are at substantially increased risk of being admitted to hospital for mental health disorders, found a study in CMAJ(Canadian Medical Association Journal). As well, they are at much higher risk of suicide than people without such injuries.

"Major trauma was associated with a 40% increased rate of hospital admission for 1 or more mental health diagnoses," writes Dr. Christopher Evans, Department of Emergency Medicine, Queen's University, Kingston, Ontario, with coauthors. "The most common mental health diagnoses were alcohol abuse, other drug abuse disorders and major depressive disorders."

[More Information](#)

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80% of the people treated for depression show an improvement in 4-6 weeks of starting treatment. However, 2/3 of the people with depression do not actively seek nor receive proper treatment.

Depression is the leading cause of disability in the United States among people ages 15-44

Clinician Activity Training

Activities and Progress Notes

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Untangling the Ties Between Troubled Teens and Pot Use

FRIDAY, Nov. 30, 2018 (HealthDay News) -- Teens with behavioral problems are more likely than others to use marijuana -- but the drug itself doesn't increase conduct problems, a new study indicates.

The findings suggest that a "cascading chain of events" predict marijuana use problems as teens become young adults, according to the University of Pennsylvania researchers.

"Cannabis use in and of itself does not appear to lead to conduct problems or increasing attraction to peers who use cannabis," said study co-author Dan Romer, a research director at the university's Public Policy Center.

[More Information](#)

Overshadowed by opioids, meth is back with a vengeance

A surge in hospitalizations and deaths "is just totally off the radar," said one addiction researcher. "Nobody is paying attention."

The number of people hospitalized because of amphetamine use is skyrocketing in the United States, but the resurgence of the drug has largely been overshadowed by the nation's intense focus on opioids.

Amphetamine-related hospitalizations jumped by about 245 percent from 2008 to 2015, according to a study published last month in the Journal of the American Medical Association. That dwarfs the rise in hospitalizations from other drugs, such as opioids, which were up by about 46 percent. The most significant increases were in Western states.

[More Information](#)



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Over the coming years, the federal government will be issuing many regulations with guidance on how the provisions of the Affordable Care Act must be implemented. For each regulation, there is typically a comment period where the issuing agency seeks public input on the proposed content of the regulation. Public comments are often incorporated into the final rulemaking – **this means that YOU can influence the rollout of healthcare reform by submitting comments!**

The National Council will keep you updated about upcoming opportunities to submit comments. Stay tuned to MentalHealthcareReform.org for more details!